

The City of Edinburgh Gymnastics Club is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that it is important that gymnasts, coaches, officials, volunteers and parents associated with the club should, always, show respect and understanding for the safety and welfare of others.

Therefore, gymnasts, coaches, officials, volunteers, parents and carers are encouraged to always be open and to share any concerns or complaints that they may have about any aspect of the club with Head Coaches, or the Safeguarding Officer if appropriate.

As an affiliated club of Scottish Gymnastics, the national governing body for gymnastics in Scotland, we abide by their policies and procedures related to safeguarding, including codes of conduct which we have summarised below.

## CODE OF CONDUCT FOR GYMNASTS

As a gymnast of the club, you are expected to abide by the following junior code of conduct:

- Co-operate fully and respect requests and decisions made by coaches, helpers, officials, and administrators.
- Respect the rights, dignity and worth of all participants regardless of gender, ability, cultural background, or religion.
- The City of Edinburgh Gymnastics Club will not tolerate bullying or any other behaviour that may upset others including during the use of social media.
- Gymnasts should be punctual and keep to agreed timings for training, competitions and events or inform their coach or Head Coach if they are going to be late.
- Accept success and failure in a noble/selfless way.
- Take care of all property belonging to the club or any club member.
- Be responsible for caring for your own equipment, clothing, and property.
- Do not leave sessions without permission of the person in charge.
- Mobile phones and other electronic devices should be switched off in the gym.
- No jewellery or unsuitable clothing or footwear should be worn during any club training sessions, competitions, or events.
- Gymnasts must not purchase or consume alcohol, tobacco products, solvents, illegal drugs of any kind whilst representing the club or on the club premises.
- Agree to abide by all Club Policies and Procedures that can be found on the Club website at [www.edinburghgymnastics.org](http://www.edinburghgymnastics.org)

## CODE OF CONDUCT FOR COACHES, JUDGES AND VOLUNTEERS

The essence of good ethical conduct and practice is summarised below. All coaches, judges, officials, and volunteers must:

- Consider the wellbeing and safety of participants before the development of performance.
- Develop an appropriate working relationship with participants and parents, based on mutual trust and respect. • Make sure all activities are appropriate to the age, ability, and experience of those taking part.
- Promote the positive aspects of the sport (e.g. fair play).
- Never punish or belittle a child for losing or making mistakes.
- Display consistently high standards of behaviour, language, and appearance.
- Follow all guidelines laid down by the Scottish Gymnastics and the club.
- Hold appropriate valid qualifications and insurance cover.
- Never exert undue influence over performers to obtain personal benefit or reward.
- Never condone rule violations, rough play, or the use of prohibited substances.
- Encourage participants to value their performances and not just results.
- Encourage and guide participants to accept responsibility for their own performance and behaviour.
- Be aware of and follow the procedures for recording accidents/incidents.
- Always use the facility and equipment according to appropriate guidelines.
- Be aware of the Health & Safety procedures and Emergency Procedures and take responsibility for Health & Safety at whatever venue the club is training or competing at.
- Mobile phones and other electronic devices not used for the purpose of coaching should be switched off in the gym.
- Jewellery must not be worn at either training or competitions.
- Never consume alcohol, use solvents or illegal drugs of any kind immediately before or during training sessions or events.
- Never use solvents or illegal drugs of any kind.

## CODE OF CONDUCT FOR PARENTS AND CARERS AND SPECTATORS

- Encourage your child to learn the rules and perform within them.
- Discourage inappropriate conduct and arguing with officials.
- Help your child to recognise good performance, not just results.
- Never force your child to take part in sport.
- Set a good example by recognising fair play and applauding good performances of all.
- Never punish or belittle a child for losing or making mistakes.
- Publicly accept coaches and officials' judgements. Raise disagreements and concerns in a respectful manner, adhering to club policies and procedures.
- Support your child's involvement and help them to enjoy their sport.
- Always use correct and proper language.
- Encourage and guide performers to accept responsibility for their own performance and behaviour.
- Develop an appropriate working relationship with all coaches and other parents, based on mutual trust and respect.
- Parents must pay any fees for training or events promptly.
- Treat competitors from all clubs, other spectators and event staff with respect and appreciate their level of skill and talent.
- Respect and celebrate difference and do not discriminate against anyone else on the grounds of gender, race, sexual orientation, or ability.
- Never enter the arena or competition area without prior authority to do so.

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